

## The Fivefold Path of Mahāmudrā Supplication Prayer

The embodiment of *bodhicitta*, which arises from a sea of loving-kindness and compassion, bestows the way to benefit and happiness to everyone endowed with fortune: I pray to the guru—*bodhicitta*!

*Vajra*-holder, originator of *samsāra* and *nirvāṇa*, primordially perfected *yidam*, deity of the *mandala* appearing before ordinary beings to be tamed: I pray to the guru—the exalted deity!

Profound tranquility, devoid of all conceptual elaborations, is the true nature of the Buddha's mind. Inexpressible and ultimate is the holy Dharma's *vajra* speech. The Mahāyāna mind is manifested in the Sangha's form. I pray to the guru—the embodiment of all the Precious Ones!

The *dharmakāya* is unborn, empty clarity without extremes. The *saṃbhogakāya* is unstoppable, intrinsic luminosity arising of itself. The *nirmāṇakāya* is without abiding, freed upon arising, and devoid of grasping: I pray to the guru—*mahāmudrā*!

The Buddha, the guru, and the highest pure realm are all my own mind. Aspiring with perfect purity and intelligence devoid of dualistic thought, I dedicate the perfectly pure virtue inherent within buddha nature toward perfect knowledge of the truth of selflessness.

The root guru appears to be the *vajra* of the mind—the guru who exists primordially within my mind. I pray to the guru's deepest essence: the mind that is intrinsically one with its perceptions and is unattached and without grasping!

By the truthful power of this devoted prayer, may I gain a human body that is free and fortunate, and from now until awakening, may I enter the Buddha's teachings!

May gurus of the oral lineage look after me and keep me in the presence of these five roots of the Dharma, belonging to the unmistaken path: the twofold *bodhicitta*; the *yidam* Chakrasamvara; the root guru of threefold kindness; the *mahāmudrā* of definitive meaning, the heart essence of the teachings; and the seal of perfectly pure dedication! May I soon attain awakening for the benefit of all beings!

At that time, having left behind the illusive doctrines of expedient meaning, may I always undertake compassionate activities that show the final path of *mahāmudrā* equally to every being in the universe, assisting them in reaching the great might of Vajradhāra without hindrance!

Let me never be apart from authentic gurus in all my future lives! May I experience the greatness of the Dharma, and having fully accomplished the qualities of the *bhūmis* and paths, may I swiftly attain the state of Vajradhāra!

To honor the request of *lcam zhabs drung*, who abides in the highest, most sublime state, the Drikung Vidyādhara Chökyi Dragpa condensed the true heart essence of the fivefold gradual path of the *mahāmudrā* of definitive meaning, which is the heart essence of the father, Master Pagmodrupa, and his son, Lord Drikungpa's teaching tradition, into this supplication as a gift for the benefit of all beings. Sarva Mangalam.

Translated by Ina Bieler and edited by Ilana Cohen in 2021.